

OB/GYN Residency Newsletter

September 2021
Volume 4 Issue 1

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“Outstanding accomplishments in 2020-21... recognition... leadership positions... fellowship matches”

A word from the Program Director

Welcome to another academic year! I cannot believe my first recruiting class as a PD are 4th year residents!

I would like to share some of our outstanding accomplishments from the 2020-2021 academic year.

- Hilary McGrath and Dominique McKeever were recognized by the Gold Humanism Honor Society
- Our graduates met all their ACGME procedure numbers in January 2020 despite Covid-19
- Successful virtual rotation for our Visiting Elective Scholars Program for UIM 4th year medical students
- Sabrina Brunozzi, Stephanie Kass and Dominique McKeever have leadership positions in ACOG
- Tieg Beazer and Neel Iyer presented at SMFM
- All three residents who applied for fellowship matched, Dr. Beazer & Dr. Iyer in MFM and Dr. Hall in Family Planning

Our Program goals for AY 2021-2022:

- Diversity Plan (outlined in the DEI section)
- Increase resident and faculty LGBTQ+ awareness and education
- Increase Interdepartmental Collaboration
- Receive approval from Hospital leadership to apply to the ACGME for a complement increase
- Operationalize the OBGYN Attending of the Week (AOW)
- Create an educational curriculum for the Well Woman Clinic Rotation
- Improve the quality of monthly faculty evaluations of residents

Residents -

- Complete your post rotation TrueLearn quizzes
- Remember to log your duty hours daily.
- Please keep your case logs up to date on a weekly basis
- Schedule a monthly meeting with your mentor and complete the mentoring form.

Faculty -

- Please continue to complete the monthly post rotation evaluations in New Innovations within 2 weeks of receiving them.
- Please continue to complete myTIPreports
- Thank you for your commitment to resident education!

Diversity, Equity and Inclusion

Diversity, Equity, Inclusion:

Department of OBGYN Diversity Program Goals:

1. Department of OBGYN Anti-racism Task Force - meets the 4th Monday, led by Dr. Perry
2. Continue to improve the education for faculty and residents regarding racial disparities in healthcare
3. Continue our community outreach with fundraising for local women's shelters, preeclampsia support of the Preeclampsia Promise Walk
4. Implement our Visiting Elective Scholars Program and perform a more holistic review of applications to increase diversity in our residency program
5. Promote Quality Improvement projects that identify cultural barriers to care and test these interventions to address these barriers

Department Anti-racism Tasks: Information shared by Dr. Perry

View a youtube video: "Intergroup Anxiety: Can you try too hard to be fair?"



<https://www.youtube.com/watch?v=UsBpGmUeAsI>

"I've lived as a man and as a woman - here's what I learned"



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Research Division News



Congratulations to Dr. Mama for passing the Focused Practice Designation certificate in Minimally Invasive Gynecology and for his presentation at SGS.

Congratulations Dr. Cardonick for getting 2 papers published (and the 1st author on one of them is our newly graduated resident Neel Iyer, MD) Congratulations also to John Gaughan, Ph.D. for the latter publication.

1. in Lancet Oncology redefining Breast Cancer in pregnancy:
[Amant 2021 Lancet Oncol Breast Cancer in Pregnancy](#)
2. in International Journal of Pediatric Dentistry on dental effects on fetus after exposure to in utero chemotherapy. [Research News\Iyer 2021 IJPD Pediatric dental outcomes after chemo in utero.pdf](#)

Congratulations also to Drs. Griffith, Aikins, Warshal and Olga Ostrovsky for discussing possible role of Medical marijuana with chemotherapy: [Research News\Griffiths 2021 biomolecules Canabidiol effects on chemo.pdf](#)

Resident/Fellow Research Presentation Dinner

The Resident/Fellow Research Day is held each year in March. Third-year residents and fellows present to the faculty, residents, medical students and staff. The research presentations are judged and an awards are given to the resident and fellow with the most outstanding research paper.



Presenters: M. Bilbao, DO,
D. McKeever, MD, H. McGrath,
DO, A. Malik, MD, T. Crouss, MD

Congratulations to the award winners for most outstanding research papers!!

Fellow: Michelle Bilbao, D.O. for: "The effect of epigenetic therapy on high grade serous ovarian cancer in a 3d spheroid model over a prolonged time period"

Resident: Amanda Malik, M.D. for: "Perceived Barriers to LARC Use among Patients at the Jaffe Family Women's Care Center"



PGY 3 Resident Presenters
D. McKeever, MD, H. McGrath,
DO, A. Malik, MD

SIM Days

Faculty spent the afternoon learning how to perform MVAs, operative vaginal deliveries and using the Sonata system (Intrauterine ultrasound guided radio frequency ablation of fibroids)



Resident SIM and Skills Day focused on Manual vacuum aspiration, FLS, Operative vaginal delivery, Marsupialization of Bartholin's abscess



Spotlight on Faculty Member, Dr. Michelle Iavicoli

Where did you go to medical school and residency?

Undergraduate: Georgetown University

Medical School: Georgetown School of Medicine

Residency: Cooper University Hospital

What do you look forward to the most about teaching residents?

What I like most of about educating residents is watching them grow from interns to senior residents.

By the end of their residency I feel like we can be proud of the resident we have trained both as a clinician and a person.

What books are you currently reading?

Funny I love reading medical mysteries! Fiction of course but a great one and quite timely is: Pandemic by Robin Cook

What is your favorite restaurant?

I love to eat out! I enjoy Bistro Di Marino in Collingswood. Great food and great outdoor atmosphere.

What do you like most and least about medicine?

Medicine is exciting because it is so dynamic. I love that our learning never ceases. There is always new standards of care, protocols or pandemics to learn about!

The least attractive aspect of medicine is the business and insurance side. There is always more to learn and understand, and this is an area we were never formally taught.



Michelle Iavicoli, MD

Head, Division of General Obstetrics & Gynecology

Assistant Professor of Obstetrics and Gynecology

“...we can be proud of the resident we have trained both as a clinician and a person.”

Spotlight on Administrative Chiefs

Dr. Hilary McGrath



Where did you relocate from?

I did not have to relocate- I grew up in Plymouth Meeting, PA and currently live in Roxborough, PA where I lived during medical school.

What do you enjoy most about Cooper?

What I enjoy the most about Cooper is everyone I work with! From my co-residents to nursing staff, attendings and everyone in between- they get me through the busy days!

Do you have a favorite restaurant?

My favorite restaurant is El Poquito in Chestnut Hill, PA

What do you like to do when you are not working?

My favorite thing to do outside of work is spending time with my husband + family. Even better is when we are all together on the beach in Ocean City, NJ! I also like to sneak in reading a “regular” book aka not a medical book or practice bulletin from time to time!

Now that you are almost done with residency, what advice do you have for your junior residents?

My advice for the junior residents would be two things. 1. The nurses are one of your greatest assets here- you will learn so much from them. 2. Always. Pack. Extra. Snacks.

Dr. Amanda Malik

Where did you relocate from?

No relocation needed! I'm from Cherry Hill, NJ, have been living in Philly since graduating college, and went to medical school at CMSRU.

What do you enjoy most about Cooper?

The people - both my colleagues (in ob/gyn and other departments) and my patients.

Do you have a favorite restaurant?

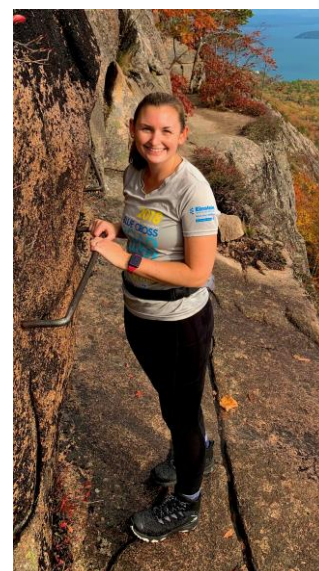
It's hard to choose, but Zahav, pizzeria beddia, and laser wolf are some of my favorites.

What do you like to do when you are not working?

I love riding my peloton or hiking, though both are harder in the third trimester! I'm lucky to have my family nearby and like to spend time with them when possible, especially at the jersey shore.

Now that you are in your last year of residency, what advice do you have for your junior residents?

Go out of your way to make each other's jobs easier. No one else will quite understand what your residency experience is like, and the culture of looking out for each other and helping with whatever is needed is what makes me most proud of our program.



Spotlight on Alumna, Dr. Maria LaNasa

What year did you finish residency? 2019

Current role and location? General OB/GYN in Frisco, TX

What first inspired me to go into OBGYN?

My second day of my medical school OBGYN rotation was my epiphany. The mix of women's health, primary care and a surgical specialty was everything I didn't even know I was looking for - I remember that moment so clearly.

What advice would you give to OBGYN residents?

I was told by our attendings to see and do as much as possible in residency because when you are out you are on your own - any chance you have to stay and learn - TAKE IT! You need a good work/life balance without a doubt - but your four years in residency go by so fast and you want to feel as prepared as possible for your future patients because there is no one above you when you become the attending! Stay in touch with your co-residents and attendings - I still chat with my class almost every week for advice or support!

How do you spend your free time/hobbies or interests?

We have two little guys - 3 and 1, that keep us pretty active! I am a runner and haul the two little guys out with me. I'm getting more and more interested in integrative medicine and the health you can get from your own kitchen which is good because I love to read and have to learn this stuff. Imagine having free time to read again!



Maria LaNasa, D.O. and Family

Generalist, OBGYN, Crossroads, TX

Cooper OBGYN Resident 2015-2019

"I still chat with my class almost every week for advice or support!"

The newly created Cooper Foundation OB/GYN Alumni Fund for Resident Education and Wellness is the main source of funding for our residency wellness initiatives.

Please consider donating to this worthy and very necessary cause by clicking this link:

https://support.foundation.cooperhealth.org/site/Donation2?1400.donation=form1&df_id=1400&mfc_pref=T.

Your donation is tax deductible. Thank you in advance for your generosity.

RESIDENT RETREAT

April 30, 2021

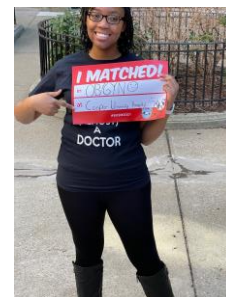
Escape Room, Brunch at Harper's Garden and wandering through Philadelphia



While the residents were enjoying themselves, coverage was provided by this DREAM TEAM!



MATCH DAY 2021



Welcome Class of 2024!

Amelle Williams

Amelle earned her MD from Boston University School of Medicine. She enjoys baking & cooking, Broadway musicals (singing them very off key), reading fiction, writing poetry, and beach hopping. she loves being able to explore new cultures through their cuisines!

Caroline MacGillivray

Caroline earned her MD from Lewis Katz School of Medicine at Temple University. She enjoys backpacking, rock climbing and learning how to play ukulele!



Anna White

Anna earned her DO from West Virginia School of Osteopathic Medicine. Anna enjoys Baking, sewing, running, and traveling especially to learn about the history and culture of other places!

Lexie Quiñonez

Lexie earned her DO from Edward Via College of Osteopathic Medicine. She enjoys traveling, outdoor activities, watching sunsets, enjoying a good cup of coffee, playing with my horses!

More Welcomes

Welcome Fellows!

Female Pelvic Medicine and Reconstructive Surgery



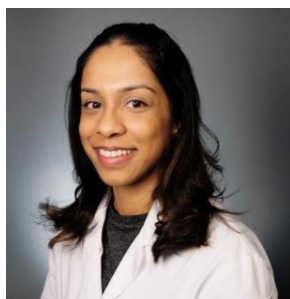
Erica Eggers, MD
Residency: University of South Florida,
Tampa

Gynecologic Oncology



Rebeca Araujo Kelly, MD
Residency: Detroit Medical Center/
Wayne State University

Welcome New Faculty!



Ankita Kulkarni, MBBS
Division of Maternal Fetal Medicine

Dr. Ankita Kulkarni attended the University of the West Indies in Kingston, Jamaica. She completed residency in Obstetrics and Gynecology at Atlantic Health in Morristown, NJ and fellowship in Maternal Fetal Medicine at the University of Vermont. Her clinical interests include prenatal diagnosis and pathophysiology of preeclampsia.



GME Graduation
Crowne Plaza,
Cherry Hill, NJ



Ob/Gyn Graduation Celebration
Adventure Aquarium, Camden, NJ



Class of 2021

Intern year

Graduates



2021-2022 Chiefs



Class of 2023



Class of 2024



Class of 2025

Congratulations to the 2021 Graduation Ceremony Award recipients!

Resident Awards

- Society for Maternal-Fetal Medicine Resident Award for Excellence In Obstetrics: **Amanda Malik, MD**
- AAGL Resident Award for Excellence in Minimally Invasive Gynecology: **Hilary McGrath, DO**
- Society of Gynecologic Oncology Annual Award: **Bianca Hall, DO**
- AUGS Award for Excellence in Female Pelvic Medicine and Reconstructive Surgery: **Samantha So, MD**
- ASCCP American Society for Colposcopy and Cervical Pathology: **Amanda Malik, MD**
- SLS Resident Achievement Award Outstanding MIS Resident 2021: **Hilary McGrath, DO**
- Ryan Program Resident Award for Excellence in Family Planning: **Robin Clark, MD**
- Department Awards:
 - ♦ Professionalism: **Amanda Malik, MD**
 - ♦ Community Service: **Sabrina Brunozzi, MD**
 - ♦ Social Media Award: **Stephanie Kass, MD**
 - ♦ Resident Teacher of the Year: **Dominique McKeever, MD**
 - ♦ Resident of the Year: **Samantha So, MD**

Faculty Awards

- APGO Award for Excellence in Undergraduate Medical Education: **Kristina Williams, MD**
- CREOG Faculty Award for Excellence in Resident Education: **Peter Chen, MD**

*We would like to extend our sincere appreciation to the faculty
for sponsoring our graduation celebration.
This event would not be possible without your generous support!*

Thank you!

Love is in the Air!

Congratulations Dr. Merchant and Dr. Ahmed!!



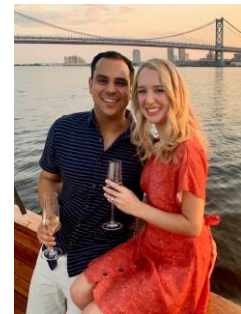
*Best wishes for a future of happiness to
our recently engaged couples!!*



Sabrina Brunozzi
& Matt Cafaro



Kyle Le &
Thomas Foley



Hailey Hutcheson
& Jose Quinonez



Chelsea Katz &
Tom Grieser



Blaire Nasstrom &
Michael Gedestad

OB/GYN FAMILY MEMBERS



*Congratulations
to Dr. Amanda
Malik and her
husband, Chris!*

*And Welcome to
Alexander John!*



Proud Parents & Grandparents



Dr. Fischer's
grandson,
Oliver



Dawn's grandkids
Jackson & Ava
DiBartolo



Sue's grandsons,
Mason, Cameron
& Colson



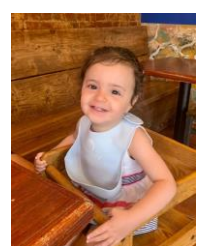
Dr. Adriance's
son, Jack



Dr. Hewlett's
grandson, Ellis



Dr. Khandelwal's
grandchildren,
Riaan Jai Tenjarla
Amal Sahana & Ishaan Brij Agarwal



Dr. Elshoreya's
daughter, Lena



Dr. Dajao
& Family



Dr. Guerrero-
Gorman & Family



Dr. Bruckler
& Family



Dr. Khandelwal
& Family



Dr. Mama's children,
Zahabya & Aziz
with Gregor & Marissa

Other Family Members



Dr. Kim's pup,
Cooper



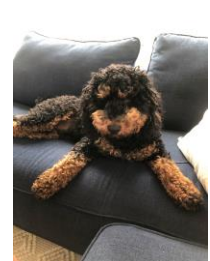
Dr. Dajao's
daughter, Stella
& pup, Bean



Sue's "girls"
Fiona & Bella



Dr. Elshoreya's
daughter, Lena
& pup



Dr. Merchant's
pup, Marley

Important Dates & Announcements

Important Dates:



Junior Fellows Day	October 8
ABOG Qualifying Boards Deadline to apply	October 18
Resident SIM Day	October 22
Resident Wellness	October 29
Virtual Residency Interviews	October 29 November 5, 19 December 3, 17 January 7
CREOG In-training Examinations	January 20, 21

Attention Class of 2022

ABOG Dates and Fees

2022 Specialty Qualifying Exam JULY 25, 2022

EXAM FEES IF PAID BETWEEN

Sept 17 - Oct 18, 2021	\$1,600
Oct 19 - Nov 18, 2021	\$1600 + \$360 late fee = \$1960
Nov 19 - Dec 17, 2021	\$1600 + \$840 late fee = \$2440

IMPORTANT DEADLINES

Sept 17, 2021	Applications available online
Oct 18, 2021	Last day to apply without late fee penalty
Dec 17, 2021	Final deadline
Sept 2021 to February 2022	Candidates will be notified of approval to take the examination and to make a Pearson VUE Testing Center computer reservation
April 26, 2022	Last day to reserve seat at Pearson VUE prior to seat block release
July 25, 2022	Qualifying Examination at Pearson VUE Testing Centers

We encourage you to send in updates so we can keep everyone apprised of current happenings in their personal and professional lives. Please send your updates and newsworthy information as well as any comments and suggestions to mcfadden-susan1@cooperhealth.edu