

OB/GYN Residency Newsletter

August 2019
Volume 2 Issue 1

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“...working as a team and being willing to go the extra mile”

A word from the Program Director

Welcome to another academic year! This past year we were successful in meeting most of our program goals. We formalized the process of QI/PI projects and our residents presented their completed projects at Grand Rounds in May. Data about practice habits/quality metrics data is now being presented at M&M conference to the residents and faculty. We improved our timeliness of faculty evaluations completed within 2 weeks from 61% to 86%. Resident experience in minimally invasive hysterectomies increased from 157 cases that our graduating residents logged in 2018 to 208 cases in 2019. Thank you to everyone for helping the program meet our goals.

Our action plan for 2019-2020:

- OR-19
- Avoid duty hour violations
- Increase resident experience in MIHs to 70 per graduating resident as required by the ACGME
- Improve the REI core rotation
- Develop a process for completing Gyn floor consults
- Community Service Projects
- Family Planning Rotation

Thank you for working as a team and being willing to go the extra mile. I believe we have an excellent residency program and I would not be able to do my job without all of you!

Residents -

- Complete your post rotation TrueLearn Quizzes
- Remember to log your duty hours daily.
- Please keep your case logs up to date on a weekly basis.
- Schedule a monthly meeting with your mentor and complete the mentoring form.

Faculty -

- Please continue to complete the monthly post rotation evaluations in New Innovations within 2 weeks of receiving them.
- Thank you for your commitment to resident education!

Welcome Class of 2023!

Sabrina Cynthia Brunoizzi, MD

Sabrina is from Old Forge, PA and earned her MD from Geisinger Commonwealth School of Medicine. Her professional interests are in public health and advocacy work, women's reproductive rights and family planning. Her favorite restaurant is Santucci's. Sabrina has a little sister who is 15 years younger than she is and she knows some American Sign Language.



Cosette, Sabrina, Chelsea, Stephanie

Stephanie Lauren Kass, MD

Stephanie is from Sicklerville, NJ and earned her MD from Sidney Kimmel Medical College at Thomas Jefferson University. Her professional interests are in minimally invasive surgery, research and education. Her favorite restaurant is Test Kitchen (Cape Town, South Africa). Stephanie can quote nearly every line to every Friends TV episode by heart!

Cosette Gabriel, DO

Cosette is from Orlando, FL and earned her DO from Lake Erie College of Osteopathic Medicine. Her professional interests are in adolescent gynecology, preventive health and contraception, high-risk obstetrics. Her favorite restaurant is the Daily Catch. In high school, Cosette used to be the lead singer in a Blink 182 cover band!



Chelsea Starr Katz, MD

Chelsea is from Rosemont, PA, and earned her MD from Sidney Kimmel Medical College at Thomas Jefferson University. Her professional interests are in Gynecologic Oncology. Her favorite restaurant is Sun in my Belly in Decatur, GA. Chelsea was a competitive sailor from middle school through college.

Robin Clark, MD (PGY2)

Robin is from Lexington, KY and earned her MD from Drexel University College of Medicine. Her professional interests are in family planning. Her favorite restaurant is Talulah's Garden. Robin was one of the first 500 IVF babies born in the world!



New Faculty



Rori Dajao, MD

Division of General
Obstetrics and Gynecology

Spotlight on Resident, Dr. Dominique McKeever



*Dominique outside of
Senator Booker's office
while at ACOG CLC
#corybookerfangirl*

Where did you relocate from?

I was born and raised in Camden County, but moved to Scranton, PA for medical school and found my way back home.

How have you adjusted and what do you enjoy most about Cooper?

Our attendings and co-residents are what make this program top-notch, in my opinion. I learn something new every day in an environment that is rigorous, but always welcoming!

Do you have any hobbies?

Hahaha, I did...before residency! If I had free time, I would use it to try new restaurants, read an obscene number of books, and join a Crossfit gym!

What is your favorite or funniest residency memory so far?

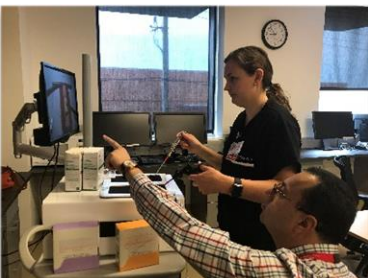
When Dr. Chen called me "Queen of Foley"! That will be on my tombstone!

Dr. Dominique McKeever received a 2019 Gold Humanism Resident Recognition Award by the CMSRU medical students! This award demonstrates clinical excellence and outstanding compassion in delivery of care. Congrats Dominique!

She also recently had the opportunity to attend the ACOG CLC, Dominique states; "I had an awesome opportunity to attend the ACOG CLC 2019 with Dr. Westover. We went to Capital Hill to speak to local legislators and their staff about new legislation to decrease maternal mortality across the nation and to protect insurance coverage for our patients with pre-existing conditions. I was able to meet a handful of other NJ OB/GYN residents and truly learned a lot about disparities in healthcare for women of color and women in rural areas. It was a fantastic learning experience!"

Skills Day

Our residents participate in simulation training to increase knowledge and confidence in obstetric and gynecological related procedures



Spotlight on Faculty Member, Dr. James K. Aikins Jr.

At its 50th Annual Meeting on Women's Cancer, The Society of Gynecologic Oncology presented Dr. Aikins with the Society of Gynecologic Oncology's (SGO) 2019 *Gynecologic Oncology Humanitarianism and Volunteerism Award*. This award recognizes individuals who, over an extended period of time, have displayed exemplary local, national or international volunteer and outreach efforts in women's cancer care, research and training.

After the loss of a family member to postpartum hemorrhage in Ghana, a condition easily treatable in the USA, Dr. James Aikins, founded the International Health Care Volunteers. It held its first mission trip in 2002 to provide healthcare to women and continued medical education to healthcare providers in these underserved areas. Dr. James Aikins and IHCV continue to provide this inspiring work with yearly mission trips to Ghana.

Thank you Dr. Aikins for all that you do!



*James K Aikins Jr., MD, FACOG, FACS
Director of Research, Division of Gynecologic
Oncology
Program Director, Gynecologic Oncology
Fellowship*

Out in the Community

Residents take part in a Mother's Day Drive with the Thrive ACOG District III campaign. They raised and donated over \$600 to the Mother Women's Shelter in Woodbury, NJ



Promise Walk for Preeclampsia on June 1st at Fasolo Park in Deptford, NJ.



Research News

Our site was approved for participation in two sponsored projects:

Phase 2, Multicenter, Double-blind (Sponsor unblind), Randomized, Placebo-Controlled Study of the Safety and Efficacy of Elagolix in Women with Polycystic Ovary Syndrome .
PI: Dr. Saifuddin Mama

A Phase 2b/3a, Multi-Center, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study of the Efficacy and Safety of AMAG-423, a Digoxin Immune Fab, in Antepartum Subjects with Severe Preeclampsia.
PI: Dr. Meena Khandelwal

CONGRATULATIONS!!

Resident/Fellow Research Presentation Dinner

Research Day is held every March. Our third-year residents present to the faculty, residents, medical students and medical community in attendance. They are judged on their research presentations and an award is given to the resident with the most outstanding research paper.



Laura Zalles, MD

Faculty Advisor: Richard Fischer, MD

“Preterm Prelabor Rupture of Membranes prior to 33 0/7 weeks:
When should rescue corticosteroids be given?”



Devon Carey, DO

Faculty Advisor: Yon Sook Kim, MD

“Factors Influencing Patients Allowing Medical Students to
Participate in their Gynecologic Exams”



Shefali Sharma, MD (Senior Fellow - FPMRS)

Faculty Advisor: Michael DiSanto, PhDD

Saifuddin Mama, MD

“The Role of Pelvic Organ Prolapse and Menopause Status in
Gene Expression of Proteins in Smooth Muscle in the Vagina:
A Prospective Analysis.”

**2019 Award for Most Outstanding
Resident Research Paper
Laura Zalles, M.D.**

Resident Wellness Retreat

On March 29, 2019 Residents were excused from all clinical duties and enjoyed a day at a beach home and golfing! The retreat provides an opportunity for residents to come together in one location and get to know one another in a relaxing, social, non-clinical setting. Thank you Dr. Modena for donating your beach home for this event!



Farewell Class of 2019!

We congratulate you on your hard work and amazing growth, and wish you the very best in your next adventures!



Shefali • Janhvi • Rori • Maria • Nefertari • Ciaran

Congratulations to the 2019 Graduation Ceremony Award recipients!

Resident Awards

- Society for Maternal-Fetal Medicine Resident Award for Excellence In Obstetrics: **Annie Masterson, MD**
- AAGL Resident Award for Excellence in Minimally Invasive Gynecology: **Rori Dajao, MD**
- Society of Gynecologic Oncology Annual Award: **Nefertari Owens, MD**
- AUGS Award for Excellence in Female Pelvic Medicine and Reconstructive Surgery: **Devon Carey, DO**

Faculty Awards

- APGO Award for Excellence in Undergraduate Medical Education: **Tuan A Dinh, MD**
- CREOG Faculty Award for Excellence in Resident Education: **Alisa B Modena, MD**

Nursing Awards

- Gynecology: **Megan D'Alessandro**
- Obstetrics: **Laura Profico**
- Ambulatory: **Daniela Martinez**

Department Awards:

- Professionalism: **Amanda Malik, MD**
- Community Service: **Tieg Beazer, DO**
- Resident Teacher of the Year: **Annie Masterson, MD**
- Resident of the Year: **Ciaran Smolinsky, MD**



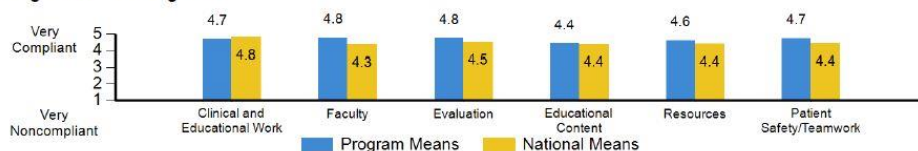
ACGME Resident & Faculty Survey Results

2018-2019 ACGME Resident Survey - page 1

Survey taken: January 2019

2203311162 Cooper Medical School of Rowan University/Cooper University Hospital Program - Obstetrics and gynecology

Program Means at-a-glance

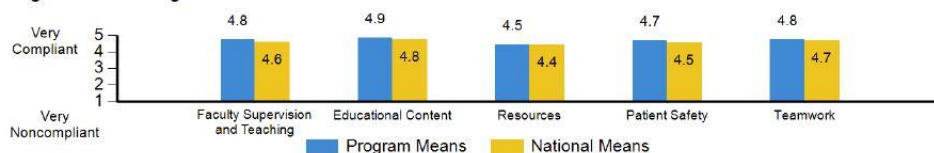


2018-2019 ACGME Faculty Survey - page 1

Survey taken: January 2019

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Program Means at-a-glance



Congrats Elena! #newUScitizen



Congratulations newlyweds!



Devon Carey, DO



Sagar Chokshi, DO

Our Furry Friends!



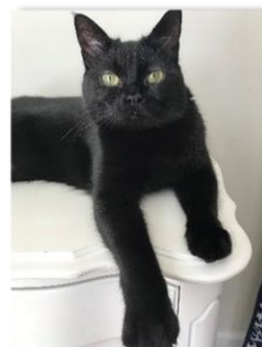
Rico (Dr. Zalles)



Daisy (Dr. Kass)



Derek (Dr. Katz)



Mirena (Dr. Brunozzi)



Rooney (Dr. Malik)

Important Dates:

August 30	Resident Wellness
September 17	2020 OB/GYN Qualifying Exam application available (October 18 - last day to apply without late fee penalty)
October 4	Resident Simulation Day
October 11	JR Fellows Day
November 29	Resident Wellness
December 16	2019 MOC Assignments Completion Deadline for Faculty

Residency Interview Dates:

October 18, November 1, November 15, December 6, December 13, January 10

Congratulations to Dr. Mama for being one of the nine selected to receive the CMSRU Golden Apple Award for 2019!

The Golden Apple Award is given to faculty who exemplify excellence in medical education in the area of teaching.



We encourage you to send in updates so we can keep everyone apprised of current happenings in their personal and professional lives. Please send your updates and newsworthy information as well as any comments and suggestions to lopez-marielis@cooperhealth.edu