

Plastic Surgery Residency Program



To Serve.
To Heal.
To Educate.



Cooper Medical School
of Rowan University

Welcome from our Program Director



Nicole Jarrett, MD, FACS

**“Our residents are
a valued part of our
Division of Plastic
Surgery and our
institution.”**

Thank you for your interest in the Plastic Surgery Residency Program at Cooper Medical School of Rowan University and Cooper University Health Care. Our goal is to train Plastic Surgeons who are competent to enter practice, yet qualified to pursue more advanced fellowship training if they desire. The program utilizes the precepts of Adult Learning by emphasizing direct experience and individual learning plans. We strive for the best balance of independence and supervision. Our smaller size allows us to be nimble in accommodating the learning needs and interests of our residents, while providing broad based, comprehensive education. Our graduates can be found in the spectrum of practice situations, including academia, private practice, and subspecialty practice.

Our residents are a valued part of our Division of Plastic Surgery and our institution. Residents will interact in a collegial atmosphere with faculty, support staff, and representatives of other services. Residents are exposed to a wide variety of problems and a very diverse patient population. Our strengths include our Level 1 Trauma Center, Combined Hand Service with Orthopedics, Cleft Lip and Palate Program, and MD Anderson Cancer Center at Cooper. Basic science and clinical research opportunities are available as well.

If you are looking for a program that offers broad clinical exposure in an atmosphere that allows close mentorship and support, we invite you to look at Cooper.

Nicole Jarrett, MD, FACS

Program Director
Plastic Surgery Residency

to serve

A Note from the Department Chief



Jeffrey P. Carpenter, MD

“We provide a rich and varied training experience with a large and growing surgical volume.”

Greetings and thank you for your interest in training at Cooper.

We are southern New Jersey's only academic, tertiary care medical center. As such, we provide a rich and varied training experience with a large and growing surgical volume.

I became Chairman in 2008, after 23 years at the University of Pennsylvania. Since then, Cooper has seen the addition of its new Cooper Medical School of Rowan University, which graduated its first class in 2016. This has deepened our academic resources and enriched the training environment.

The campus has seen a number of expansions during this time, with the addition of 25 operating rooms for a total of 38, including two robotic rooms, a room equipped with a CT scanner, a room with an O-arm, three hybrid OR/angiographic suites, and state-of-the-art laparoscopy rooms. The partnership of Cooper with the world-renowned MD Anderson Cancer Center in Houston, to create MD Anderson Cancer Center at Cooper, has dramatically increased the volume of oncologic and reconstructive surgeries, providing many opportunities for participation in advanced treatment and research protocols.

Our Level 1 Trauma Center is the region's largest and busiest, offering surgical trainees a rich experience in management of traumatic injuries and reconstruction. Our faculty has more than doubled in size since 2008 and now numbers more than 70 surgeons. While they are clinically excellent and busy, they are also extremely academically productive and seek to collaborate with trainees to mentor them in research.

In 2018, the Department of Surgery at Cooper published more than 100 articles and book chapters. Our faculty serve on the editorial boards of many journals and are nationally and internationally recognized as leaders in their specialties. We have an active basic science research program, with emphases on regenerative medicine and epigenetics. The department maintains both a large animal and small animal vivarium with two large animal operating rooms. We are passionate about education of surgical trainees and welcome your interest in our programs.

Jeffrey P. Carpenter, MD

Chairman and Chief
Department of Surgery

to heal

Plastic Surgery Residency Program



**“Teaching residents for
over 25 years
has proved to be a
tremendously enjoyable
and rewarding part of
my career.”**

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Jeffrey P. Carpenter, MD

Chairman and Chief, Department of Surgery;

*Vice President, Perioperative Services,
Professor of Surgery,*

Cooper Medical School of Rowan University

CooperHealth.edu

Welcome to the Plastic Surgery Residency Program at Cooper University Hospital, a six-year, Integrated Residency Program. Over the course of training at Cooper, a resident can expect to be involved in all aspects of plastic and reconstructive surgery. Except for two rotations to institutions in nearby Philadelphia, for burn care management (acute and chronic) at Crozer Chester Burn Center and craniofacial surgery at Children’s Hospital of Philadelphia, all clinical work is at Cooper Hospital.

A full-time faculty of plastic surgeons assures the resident of close supervision when required and the opportunity for graded responsibility and independence throughout the training program, both in the operating room and in the outpatient ambulatory facility. Volunteer faculty in private practice enhance the learning experience.

Cooper University Health Care is one of the major trauma centers in the state of New Jersey, covering the seven southern counties of the state. There is a Level III intensive care nursery at this institution. We also have one of the largest state-supported Craniofacial/Cleft Palate Program in New Jersey, with more than 700 active patients. A research laboratory is available adjacent to the hospital.

The schedule includes time for learning both Plastic Surgery as well as relevant other specialties, including orthopaedic surgery, anesthesia, dermatology, general surgery, critical care, breast surgery, trauma, vascular surgery, emergency medicine, and ENT. There are also two protected months for research and time for an elective as a Chief Resident.

Weekly Educational Conference includes all members of the division, with excellent attendance by faculty. The curriculum covers the principles of plastic surgery over the course of one year and includes lectures from our own faculty, members from associated departments at Cooper, and visiting professors. Residents will give two formal presentations annually. There is also protected time weekly for a resident-led conference to review core material in plastic surgery.

Morbidity and Mortality Conference occurs monthly, and there are also scheduled journal clubs. Clinical research is encouraged during residency and opportunities exist to pursue this. There is also a basic science research laboratory with opportunities for resident involvement.

The plastic surgery resident is expected to be on call every fourth-fifth night, but calls are taken from home. The resident is allowed four weeks of personal time off per year in addition to two half-days off for wellness.

Department of Plastic Surgery Clinical Schedule



Residents are immersed in this rich environment, and have ample opportunity to interact with faculty and peers through formal and informal teaching sessions.

The plastic surgery resident will attend plastic surgery conferences beginning in their first year. Weekly Educational Conference includes all members of the division, with excellent attendance by faculty. The curriculum covers the principles of plastic surgery over the course of one year and includes lectures from our own faculty, members from associated departments at Cooper, and visiting professors. Residents will give two formal presentations annually. There is also protected time weekly for a resident-led conference to review core material in plastic surgery. Morbidity and Mortality Conference occurs monthly, and there are also scheduled journal clubs. Clinical research is encouraged during residency and opportunities exist to pursue this. There is also a basic science research laboratory with opportunities for resident involvement.

Clinical Schedule

Year 1 (Months)	Year 2 (Months)	Year 3 (Months)	Year 4 (Months)	Year 5 (Months)	Year 6 (Months)
Plastic Surgery (5)	Plastic Surgery (2)	Plastic Surgery (6)	Plastic Surgery (9)	Plastic Surgery (10)	Plastic Surgery (11)
Anesthesia (1)	Research (2)	Burn (1)	OMFS (1)	Hand (1)	Elective (1)
General Surgery (1)	Breast (1)	Vascular (1)	Hand (2)	Craniofacial (1)	—
Orthopaedics (1)	Ophthalmology (1)	Orthopaedic Oncology (1)	—	—	—
Surgical Oncology (1)	General Surgery (2)	Hand (1)	—	—	—
Critical Care (1)	Transplant (1)	ENT (2)	—	—	—
Breast (1)	Trauma (2)	—	—	—	—
Night Float (1)	Dermatology (1)	—	—	—	—

to educate

How to Apply



Contact Information

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Address:

Cooper University Hospital Office
of Surgical Education Three
Cooper Plaza, Suite 411
Camden, NJ 08103

We participate in the National Resident Match Program (www.nrmp.org) using the Electronic Residency Application Service (ERAS). The following documents must be submitted for your application to be considered:

- Common application form
- Curriculum vitae
- Medical school transcript
- Dean's letter
- At least 2 letters of recommendation
- Personal statement
- USMLE reports (Steps 1, 2CK, and 2CS)
- ECFMG certification (IMG only)

The program director and faculty members will review applicant files. Invitation for interview will be based upon their recommendations.

Program Eligibility

Eligibility for the Integrated Plastic Surgery Residency Program requires graduation from an accredited medical school. Individuals accepted for a position in the program must be U.S. citizens, classified as a resident alien, or hold a J-1 visa.

Deadline for applications is October 21, 2020. Interviews will be offered on December 4, 2020 with all the other programs in the country. Our interview dates will be Tuesday, January 12th, Thursday, January 28th and Saturday, January 30th.

The Cooper GME Experience



Learn more about training
at Cooper and hear from
current residents at
CooperHealth.edu/GME
and
CooperHealth.edu/Diversity



Cooper University Health Care takes pride in its ability to offer a comprehensive array of diagnostic and treatment services. Cooper University Hospital serves as southern New Jersey's major tertiary care referral hospital for specialized services. Cooper Premier Institutes, Centers of Excellence, and programs include: MD Anderson Cancer Center at Cooper, Surgical Services Institute, Adult Health Institute, Cooper Heart Institute/Cardiac Partners at Cooper and Inspira, Cooper Bone and Joint Institute, Cooper Neurological Institute, Women's and Children's Health Institute, Urban Health Institute, Center for Population Health, Center for Critical Care Services, Center for Urgent and Emergent Services, and the Center for Trauma Services, which includes our Level I Trauma Center, Level II Pediatric Trauma Center, and active community trauma prevention education.

Cooper has been a cornerstone in Camden for more than 130 years and has expanded its facilities and services throughout South Jersey. Cooper has been nationally recognized for its leadership in patient safety, receiving the 2019 Patient Safety Excellence Award™ from Healthgrades, placing it among the top 5% of hospitals in the nation. Cooper was also recognized as a high-performing hospital for treating heart failure and COPD by U.S. News & World Report's 2019-2020 Best Hospital Survey.

Cooper's commitment is to provide exceptional care to every patient, every day, in a patient-centered, family-focused environment. Every employee—including our residents and fellows—is a member of the care-giving team and has an important role in making the experience at Cooper a healing one for patients and their families.

Your training at Cooper will be academically challenging, enhanced by our top-ranked faculty and state-of-the-art equipment and facilities. We welcome the opportunity to have you as part of our team, as we provide university-quality health care in southern New Jersey.

Diversity Statement

The Graduate Medical Education programs of Cooper University Health Care is committed to providing a supportive environment that allows all members of its academic community to thrive and succeed. We work to recruit a diverse group of residents and fellows, and celebrate the multiple dimensions represented in our community, including, but not limited to race, creed, ethnicity, sexual orientation, gender identity, ability, or age. We recognize the importance of monitoring the outcomes of our diversity efforts so that we can better reflect the diversity of our patients and community. Through our GME Diversity Council, we promote on-going exploration of our own biases while also providing education on discrimination and anti-racism. We provide a safe space for residents to engage in dialogue, learn, and contribute to their fullest potential. We seek opportunities to enrich our community through volunteerism and to effect lasting change through engagement with local leaders.

We are proud. We are diverse. We are Cooper.

Off Campus Highlights



Just across the bridge from bustling Philadelphia, and less than an hour from the tranquility of the Pine Barrens and activity of the Jersey shore, Cooper University Hospital is easy to access. The academic campus is located across the street from two commuter rail lines (PATCO and NJ Transit's River Line) and within walking distance of Rutgers University and Rowan University Camden campuses.

The Cooper Health Sciences Campus is located in the heart of Camden's business district. The academic medical center campus is easily accessible by car or public transportation via the commuter high-speed line and bus terminal adjacent to the hospital.

Cooper is a short walk or drive from the exciting Camden waterfront, which includes a magnificent waterfront park and marina; the Adventure Aquarium; and the BB&T amphitheater, which hosts nationally renowned entertainment throughout the year. Nearby are the Sixers Training Complex, L3 Communications complex, Lockheed Martin, Rutgers University Camden Campus, and Camden County College.

There are expected to be \$350M in transportation and infrastructure improvements within the next four to five years to handle the influx of thousands of new employees to the area and students at nearby growing academic campuses.

Cooper is conveniently close to Philadelphia. Just a mile-long drive over the Benjamin Franklin Bridge will put you at the doorstep of Philadelphia's cultural, culinary, and historic venues. South Jersey also offers a range of living and entertainment options. Quaint towns such as Haddonfield and Collingswood are just 10 minutes away. The lights and action of Atlantic City and popular beach towns such as Cape May and Ocean City are a one-hour drive from Cooper.

Cooper Camden Campus Map



The most up-to-date directions to Cooper University Hospital are available at:
CooperHealth.org/Locations



One Cooper Plaza · Camden, NJ 08103-1489 · CooperHealth.edu

Hospital Main Number: **856.342.2000**

Graduate Medical Education: **856.342.2922**