

2019-2020

## Endocrinology Fellowship Program



### Our mission:

To serve. To heal.  
To educate.



Cooper Medical School  
of Rowan University

# Welcome from the Program Director

Cooper University Health Care  
is one of the largest academic  
medical centers and the only  
Level 1 Trauma Center  
in southern New Jersey.

Welcome to our Endocrinology Fellowship Program at Cooper!

Cooper's mission is: "To serve. To heal. To educate." Cooper is committed to serving its community and has kept its roots in the city of Camden since 1887. The physicians and leadership at Cooper are proud to continue to serve this community with exceptional care.

Cooper also has a long history of commitment to medical education. It served as a clinical site for medical students of Robert Wood Johnson Medical School before the opening of the Cooper Medical School of Rowan University, which graduated its charter class in 2016. It has also maintained a full complement of residency and fellowship programs. We take pride in medical education and are invested in our trainee education. You will find that many of our faculty have a long history at Cooper as previous trainees here. This is a testament to it being a great place to practice medicine.

At Cooper you will find diversity, camaraderie, and a committed teaching faculty. Cooper is a big family, and we all work together in a collaborative effort to provide the best care for our patients and the best education for our medical students, residents, and fellows. We all appreciate what each service contributes to the care of our patients and use each other's expertise.

The Endocrinology Fellowship Program offers a great diversity of experiences from our continuity clinic in Camden to suburban experiences in Cherry Hill and Sewell. Because Cooper is a tertiary referral center with exceptional endocrine and pituitary surgeons, fellows see many rare and interesting endocrine diseases. You will not miss anything in your training here!

We love what we do. Endocrinology is challenging and exciting, and training and teaching fellows while doing what we love makes it even more fulfilling.

We welcome you to peruse the rest of our brochure and I hope you will find endocrine at Cooper as exciting as we do.

Sincerely,

**Farah H. Morgan, MD**  
Endocrinology Fellowship Program Director



## Meet the Chief

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**Steven T. Kaufman, MD**  
Division Head

Steven T. Kaufman, MD, Associate Professor of Medicine at Cooper Medical School of Rowan University (CMSRU), is the Division Head for the Division of Endocrinology at Cooper University Health Care. Dr. Kaufman graduated with honors from Rutgers University with his bachelor of arts. He received his medical degree from Temple University before completing his residency in Internal Medicine at Case Western Reserve University and his fellowship in Endocrinology and Metabolism at the University of Pittsburgh.

Dr. Kaufman's urban health efforts are focused on decreasing the disparities in the management of chronic illness, specifically diabetes. His early work in urban health with the Camden Coalition of Healthcare Providers focused on practice-level innovations in diabetes care within primary care offices in the resource-poor community of Camden, NJ. He is now the Medical Director of Cooper University Health Care's Urban Health Institute. He heads an interdisciplinary team implementing innovative health care delivery through open access scheduling, shared medical visits, and improved clinical efficiency across 23 medical and surgical specialties. Dr. Kaufman's additional roles include Medical Director of the hospital's Inpatient Glycemic Control Task Force and Co-Course Director for the CMSRU Interdisciplinary Chronic Care Clerkship.

Dr. Kaufman and his wife have been married for more than 22 years, and have two children: Samuel (21) and Isabel (18). He enjoys long-distance running and hiking.

## Meet the Program Director

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**Farah H. Morgan, MD**  
Program Director

Farah H. Morgan, MD, Assistant Professor of Medicine at Cooper Medical School of Rowan University (CMSRU), is the Program Director for the Endocrinology Fellowship Program at Cooper. Dr. Morgan graduated from Boston University with her bachelor of arts. She received her medical degree from Robert Wood Johnson Medical School. Dr. Morgan completed her clinical rotations in medical school at Cooper.

"A big pull to come back to Cooper were the fond memories of camaraderie at Cooper and the faculty commitment to education that I experienced as a medical student," says Dr. Morgan.

Dr. Morgan went on to complete her Internal Medicine Residency at the University of Virginia. She then served as a fourth year chief for the Internal Medicine Program and went on to complete her Endocrinology Fellowship at the University of Virginia.

She joined the Cooper family in 2011. She has served as a Scholar's Workshop facilitator at CMSRU for three years, is the co-director of the endocrine course for the second year medical students, and now serves as Endocrinology Fellowship Program Director.

"I've always had a strong interest in medical education, which was further fostered during my chief year" says Dr. Morgan. "I knew I wanted to be involved in education after completing my fellowship. I came to Cooper because of the opportunity to help establish a fellowship program here. Working with the fellows is one of the most fun parts of my day!"

Dr. Morgan and her husband have been married for 11 years, have two energetic boys, Janu (8) and Jalen (5), and an energetic chocolate lab puppy, Jasmine. Outside of medicine, she enjoys skiing, being outdoors, and, most of all, spending time with her family.

## Meet the Fellows

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Joanna Tolin

"I am really enjoying my training and feel privileged to be an endocrinology fellow at Cooper. The program combines fantastic teaching and clinical experience. We have weekly core-curriculum lectures that cover all aspects of endocrinology. Faculty members are all very supportive and devoted to teaching. Rounds and clinic are always educational."

"The program provides educational opportunities in a broad spectrum of endocrine disorders. The diabetes group visits are a unique experience to learn about management of diabetes. During these sessions we see a diverse group of patients with diabetes at all stages of disease. Our fellowship continuity clinic focuses on patients with endocrinopathies other than diabetes, ensuring we have exposure to a variety of endocrine disorders."

"The endocrinology department is very supportive and everyone clearly enjoys their job, making it a great training environment. I am confident that at the end of my fellowship I will be a well-trained and competent endocrinologist."

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Ashish Shah

"I chose to train at Cooper because on the interview day everyone I met was friendly and education was greatly emphasized. After being here for over six months I can confidently say that Cooper is an excellent place to obtain endocrinology training. Foremost, the faculty and staff within the Endocrine department share camaraderie making it a very enjoyable working environment. All the Endocrine faculty members also come from very diverse training backgrounds allowing for the fellows to get exposed to different styles of managing endocrine disorders and slowly building your own unique style. The faculty members care greatly about the well-being of their patients and providing the best quality and most up-to-date care to improve the lives of patients. This emphasis makes them great role models."

"In addition to the people, the pathology at Cooper is very broad. The fellowship program allows you to get exposed to treating both the urban Camden population along with the more suburban population with a large catchment area in South Jersey. On both the inpatient and outpatient rotations you will be exposed to a wide array of pituitary, adrenal, thyroid, parathyroid, gonadal, and pancreatic disorders. The endocrine tumor and pituitary conferences are extremely valuable, and these meetings allow for monthly multidisciplinary review of challenging cases with the Endocrine faculty, neurosurgeons, endocrine surgeons, pathologists, and radiologists."

"As a result, the people, pathology, and strong emphasis on fellow education all make this fellowship program an excellent training environment. I am confident I will be a strong clinical endocrinologist at the end of fellowship."

# Fellowship Program in Endocrinology, Diabetes & Metabolism



Cooper University Health Care is the leading tertiary care center in southern New Jersey. Cooper's physicians, recognized as leaders in their fields, are committed to providing not only exceptional patient care but also an excellent learning environment to teach the next generation of physicians. Cooper University Hospital is also the primary clinical site of the first four-year medical school in southern New Jersey, Cooper Medical School of Rowan University. The opening of the medical school in 2013 has further enhanced the faculty's commitment to education.

Cooper Endocrinology is one of the largest endocrinology practices in New Jersey. Because the Division of Endocrinology has a number of community offices as well as an office situated in the city of Camden, a very diverse patient experience is offered to our trainees with the full breadth of endocrine disorders.

The Endocrinology Fellowship Program at Cooper University Health Care is a two-year fellowship program and accepts one candidate per year. Inpatient consults are performed on the Health Sciences Campus of Cooper University Hospital in Camden. Outpatient experiences include clinics on the Camden campus and suburban endocrinology offices in Cherry Hill and Sewell, New Jersey.

## Ambulatory Rotations

Fellows will maintain a weekly continuity clinic on the Camden campus with an emphasis on non-diabetic endocrine disorders. They will participate in the innovative Diabetes Clinics at Cooper's Urban Health Institute in Camden; these clinics utilize cutting-edge approaches and multidisciplinary teams to provide diabetes care to underserved populations. Fellows will have the opportunity to rotate with a variety of faculty members in our suburban practice, giving them a broad experience in endocrinology.

educate

# Fellowship Program in Endocrinology, Diabetes & Metabolism

*continued*



Fellows are immersed  
in this rich environment,  
and have ample  
opportunity to interact  
and educate their peers  
through formal and  
informal teaching  
sessions.

## Thyroid Ultrasound and Fine Needle Aspiration (FNA)

Fellows will have scheduled rotations in our weekly Thyroid Biopsy Clinic beginning in the first year. They will perform thyroid ultrasound and FNA under faculty supervision. They will continue to mature these skills through the second year and will be competent in thyroid FNA by the end of their fellowship.

## Additional Education

Throughout the fellowship, fellows will have scheduled rotations in Pediatric Endocrinology, Nutrition, and Maternal/Fetal Medicine to gain insight into endocrine disorders in childhood and pregnancy.

## Research Experience and Scholarly Activity

Fellows will engage in scholarly activities throughout their fellowship. First-year fellows are encouraged to outline a project that they are interested in pursuing under the direction of the faculty. Cooper has made ample opportunities for research including a large critical care database and an electronic medical record database, as well as opportunities for prospective case series. Each fellow will be expected to complete a scholarly project by the end of their fellowship. They will present their research at Cooper Research Week and will be encouraged to submit abstracts for presentation at a national endocrinology meeting. There will also be opportunities to write case reports and reviews of the literature.

# Educational Conferences

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The Division of Endocrinology has a robust conference series that encourages use of evidence-based medicine and collaboration with colleagues across multiple disciplines.

- The division holds two excellent multidisciplinary CME conferences each month. These conferences help us partner with our colleagues for a superior educational experience for the trainees and faculty involved. Pituitary conference is a multidisciplinary conference involving neurosurgery, radiology, pathology, radiation oncology, and endocrinology. This monthly conference reviews challenging pituitary cases. Endocrine tumor conference is a second multidisciplinary conference involving endocrine surgery, pathology, radiology, and endocrinology. This monthly conference reviews challenging endocrine tumor patient cases, such as those with thyroid cancer, adrenal tumors, neuroendocrine tumors, and parathyroid disease.
- Case conference is a monthly discussion of an endocrine case with guidance working through a differential diagnosis, laboratory findings, final diagnosis, and treatment.
- Journal club conference reviews important current literature in endocrinology. Presenters help guide the audience through critical evaluation of a journal article to determine if the new literature should alter clinical practice.
- The fellowship core curriculum series covers a broad range of subjects with particular attention to endocrine emergencies at the start of the year and covering the breadth of endocrinology topics throughout the year.

# How to Apply



The Endocrinology Fellowship Program at Cooper University Health Care participates in the Electronic Residency Application Service (ERAS). Information regarding the ERAS application process and timeline is available on the websites listed below.

## Association of American Medical Colleges

[www.aamc.org/eras](http://www.aamc.org/eras)

## ERAS Fellowship Document Office

[aamc.org/students/medstudents/eras/fellowship\\_applicants](http://aamc.org/students/medstudents/eras/fellowship_applicants)

ERAS applications must contain the following information in order for your application to be considered:

- Common application form
- Curriculum vitae
- Medical school transcript
- Three original letters of recommendation, one of which must be from your current or most recent training director
- Personal statement describing your training goals and future career plans
- ECFMG certification (IMG only)
- USLME reports (1,2 and 3)

The program director and two additional faculty members will review applicant files. Invitation for interview will be based upon their recommendations.

## Program Eligibility

Eligibility for the Endocrinology Fellowship Program requires a minimum of three years of ACGME medical training in internal medicine or emergency medicine. Individuals accepted for a position in the fellowship program must be a U.S. citizen, classified as a resident alien, or hold a J-1 visa.

The application deadline for the 2019–2020 academic year is August 31, 2018.

## Contact Information

### Director:

**Farah H. Morgan, MD**

### Contact:

Angela Nieves

### Phone:

856.342.2000 x 1009641

### Fax:

856.757.7803

### Email:

[nieves-angela@cooperhealth.edu](mailto:nieves-angela@cooperhealth.edu)

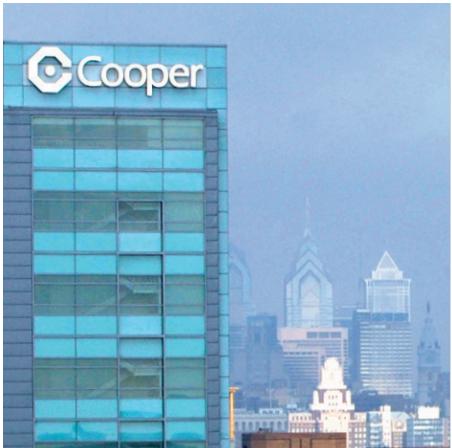
### Website:

[cooperhealth.edu/fellowships/endocrinology-fellowship](http://cooperhealth.edu/fellowships/endocrinology-fellowship)

### Address:

Cooper University Hospital  
Division of Endocrinology  
One Cooper Plaza, Suite 504  
Camden, NJ 08103

# The Cooper Campus and Surrounding Area



**The expansion project at Cooper is a direct reflection of the growth in services that Cooper has experienced over the past several years.**

It is extraordinary to have such a high concentration of leadership at one institution, but then, Cooper is an extraordinary health care system.

Cooper University Hospital is the center of a growing Camden health sciences campus that includes the hospital, Cooper Medical School of Rowan University (CMSRU), MD Anderson Cancer Center at Cooper, Sheridan Pavilion at Three Cooper Plaza medical offices, the internationally acclaimed Coriell Institute for Medical Research, and the Ronald McDonald House. Adjacent to the Cooper Plaza/Lanning Square neighborhood, Cooper has a long history of outreach and service efforts to its local community. Some of these initiatives include health and wellness programs for the neighborhood, development of neighborhood parks and playgrounds, and outreach to programs into local schools.

The hospital's 312,000-square-foot, 10-story Roberts Pavilion features an expansive lobby and concourse, a restaurant and coffee shop, business center, gift shop, and chapel. State-of-the-art patient care facilities include private patient rooms, technologically advanced operating room suites with hybrid imaging capabilities, and an advanced laboratory automation facility. The Emergency Department features 25 beds, dedicated isolation suites, and autonomous CT scanning technology. Designated floors serve specific patient populations, including those needing advanced surgical and heart care, along with South Jersey's only dedicated 30-bed inpatient cancer unit.

Also in the Roberts Pavilion is the 25,000-square-foot Dr. Edward D. Viner Intensive Care Unit—featuring 30 private patient rooms equipped with the latest in advanced technology, and allowing 360-degree patient access. Five patient rooms are capable of negative pressure isolation, and five rooms have chambered isolation alcoves. In addition, an enlarged room with operating room caliber lighting is outfitted to perform bedside exploratory laparotomy in patients considered too medically unstable for transport to the operating room.

Cooper University Health Care and MD Anderson Cancer Center in Houston, Texas, partnered in 2013 to create MD Anderson Cancer Center at Cooper. Our partnership is a full clinical integration between the two programs. MD Anderson at Cooper physicians adhere to the same philosophy, processes, and guidelines set by MD Anderson in Houston, and patients receive the same proven practice standards and treatment plans provided at MD Anderson. Today at MD Anderson at Cooper, patients have access to more clinical trials for more types of cancer than ever before, as well as a full range of supportive care services.

Advanced, comprehensive cancer services are provided at our Camden, Voorhees, and Willingboro campuses. Cooper Digestive Health Institute locations are fully accredited MD Anderson at Cooper locations providing



## The Cooper Campus and Surrounding Area continued



innovative gastrointestinal cancer prevention, detection, and treatment services. Additional cancer clinical services are provided at multiple locations throughout the Philadelphia-South Jersey areas.

CMSRU's Medical Education Building is located on the Cooper Health Sciences Campus on South Broadway, between Benson and Washington Streets in Camden. The medical school, which opened in July 2012, was designed to support an innovative curriculum that integrates knowledge of basic science concepts, early clinical experience and patient care, self-directed learning, teamwork, and medical and non-medical activities for the greater community's benefit.

The Cooper Health Sciences Campus is located in the heart of Camden's business district. The academic medical center campus is easily accessible by car or public transportation via the PATCO and bus terminal adjacent to the hospital.

Cooper is a short walk or drive from the exciting Camden waterfront, which includes a magnificent waterfront park and marina; the Adventure Aquarium; and the BB&T Pavilion, which hosts nationally renowned entertainment throughout the year. Nearby are the Sixers Training Complex, L3 Communications complex, Lockheed Martin, Rutgers University Camden Campus, and Camden County College. There are expected to be \$350M in transportation and infrastructure improvements within the next four to five years to handle the influx of thousands of new employees to the area and students at nearby growing academic campuses.

Cooper is conveniently close to Philadelphia. Just a mile-long drive over the Benjamin Franklin Bridge will put you at the doorstep of Philadelphia's cultural, culinary, and historic venues. South Jersey also offers a range of living and entertainment options. Quaint towns such as Haddonfield and Collingswood are just 10 minutes away. The lights and action of Atlantic City and popular beach towns such as Cape May and Ocean City are a one-hour drive from Cooper.

# Cooper Camden Campus Map



The most up-to-date directions to Cooper University Hospital are available at:  
[CooperHealth.org/Locations](http://CooperHealth.org/Locations)

# campus



One Cooper Plaza · Camden, NJ 08103-1489 · CooperHealth.edu

Hospital Main Number: **856.342.2000**      Graduate Medical Education: **856.342.2922**